

a time for hope

# MONDAY NIGHTS

## SUPPORT & RECOVERY

*Monday nights at Evergreen are filled with hope.*

Each Monday we meet in groups to help us get and stay "on track" in life. Contact the leader for more information or just show up.

## MEETING INFORMATION:

7:00-8:30 PM

Monday Nights

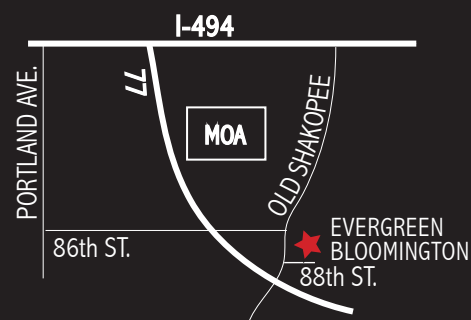
September 19th - May 21, 2012

Evergreen Community Church

2300 E. 88th Street

Bloomington, MN 55425

[evergreenbloomington.com](http://evergreenbloomington.com)



SCAN FOR WEBSITE

### Single & Parenting

Single and Parenting group sessions offer effective parenting strategies, encouragement and insights on how to find rest and hope as you parent alone. Led by single parents.

Semina: [thebooksfam@yahoo.com](mailto:thebooksfam@yahoo.com)

651-815-7428

Julie: [julie.varnam@gmail.com](mailto:julie.varnam@gmail.com)

612.998.1179

### Steps to Sanity

The Steps to Sanity program is a simple Christ-centered "12 Step" program of recovery where we provide support for those seeking freedom from self-destructive lifestyles. Our weekly meetings provide a safe place to gain freedom and God's healing alongside those recovering from similar self-destructive tendencies-- drug addiction, alcoholism, pornography, gambling, uncontrollable anger/fear, depression, and eating disorders.

Rob: [rp720@yahoo.com](mailto:rp720@yahoo.com)

612-867-0320

Adam: [lozanmax@gmail.com](mailto:lozanmax@gmail.com)

651-246-6778

Caryn: [cparrish105@yahoo.com](mailto:cparrish105@yahoo.com)

952-334-1030

### Divorce Care

Whether divorced or separated, broken relationships wreck havoc on our lives. This group uses a proven dvd curriculum and small group discussion to help in the healing process.

Tammy: [sovatommy@yahoo.com](mailto:sovatommy@yahoo.com)

651-329-9751

Marty:

[martylovesmentors@gmail.com](mailto:martylovesmentors@gmail.com)

952.201.6065

### DivorceCare4Kids

Coordinated with the DivorceCare group this is a safe environment where children of divorce (age 5-12) are introduced into the loving arms of a church family as well as to feel God's love in a group setting enabling children to grieve and heal in a biblically based Christ-centered environment.

Dan: 952-467-2430

Kelly: [kellyam612@yahoo.com](mailto:kellyam612@yahoo.com)

612-251-2031

### Women's Depression Support Group

Come for prayer, discussion and support. The group is facilitated by an Evergreen woman that has struggled with depression.

Kim: [jjkss@msn.com](mailto:jjkss@msn.com) 952-454-0519

### GriefShare

GriefShare is a grief recovery support group where you can find help and healing for the hurt of losing a loved one. Whether recent or not a loss affects us. GriefShare helps to cope and grow. Bob: 952-221-5675

## CHILDCARE IS PROVIDED FOR ALL GROUPS

For more information about Monday Nights contact Pastor Mike Olmstead at 952-564-3781 or contact a group leader directly.